



FOR IMMEDIATE RELEASE

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JLI Explores Lessons in Character from Biblical Stories of Kings, Judges, and Prophets

Winnipeg, MB – How do we beat burnout, gain perspective when our judgment is clouded, and make progress on the goals most important to us? The newest course from the Rohr Jewish Learning Institute (JLI) offers an interesting twist to dealing with these common challenges—an approach that examines the stories and characters of kings and prophets.

Beginning Tuesday, May 17 at 7:30 pm, Rabbi Shmuly Altein of Chabad-Lubavitch will conduct the six sessions of the JLI course, *Strength and Struggle: Lessons in Character from the Stories of Our Prophets*, at the Jewish Learning Centre.

“Strength and Struggle is a journey in which we gain insight into our own struggles by examining the lives of inspiring biblical heroes and antiheroes,” said Rabbi Levi Kaplan of JLI’s headquarters in Brooklyn, NY. “For many, it will fill an important gap in knowledge in the area of biblical history, and it provides fascinating wisdom from the Talmud and 3000 years of Jewish literature, to help them deal with life’s struggles on the road to becoming more effective people.”

Strength and Struggle spans six eras in biblical history, to acquaint participants with the nuances of the Israelites’ earliest history and intimate details, as seen in the lives of many of its beloved characters, including David, Saul, Ruth, Jephthah, Elijah, Elisha, and Jonah.

“The course is filled with eternal lessons for life—of struggle and triumph, courage and humility, hope and resilience,” explains Rabbi Shmuly Altein, the local JLI instructor in Winnipeg. “If you’ve ever wanted to meet King David in person, this is about as close as you’ll come.”

JLI brings authentic, relevant Jewish learning to adults seeking intellectual and spiritual growth.



Dr. Simcha Leibowitz, the representative of the World Zionist Federation to North American and an expert on leadership and biblical studies, commented about the course, "Even great leaders, judges, and kings experience challenging circumstances and moments of weakness from which we must learn to emerge even stronger. I am certain that participants in this program will find this original and fascinating approach to biblical study meaningful and relevant to their lives and to the daily challenges they face."

Like all previous JLI programs, Strength and Struggle is designed to appeal to people at all levels of Jewish knowledge, including those without any prior experience or background in Jewish learning. All JLI courses are open to the public, and attendees need not be affiliated with a particular synagogue, temple, or other house of worship.

Interested students may call 204-339-8737 or visit www.ChabadWinnipeg.org for registration and for other course-related information.



Motivated by a profound love for every Jew and spurred by a boundless optimism, Chabad-Lubavitch touches and enriches the lives of young and old, professionals and laypeople, the affiliated and the non-affiliated, immigrants and long-time citizens, regardless of background, affiliation, or level of commitment.

The Jewish Learning Institute is the adult education arm of Chabad-Lubavitch and a partner agency of the Jewish Federation of Winnipeg. As the preeminent provider of adult Jewish learning in Winnipeg, JLI's mission is to make Jewish learning accessible and personally meaningful to every Jew, regardless of background or affiliation. "The Jewish Learning Institute allows you to explore basic Jewish ideas, to share critical analysis and interactive discussion with exciting instructors and classmates," said Mr. David Chochinov, chairman of the local JLI advisory board.

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