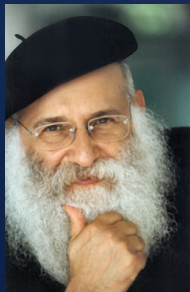


seminars
retreats
master classes
training programs

MINDYoga

The Kabbalah of Mastering
Mind and Emotions

A spiritual adventure led by Rabbi Dr. Laibl Wolf



Rabbi Dr. Laibl Wolf is an internationally acclaimed lecturer and authority on Kabbalah, mysticism, and Jewish meditation. Creator of a phenomenon called MindYoga™, Rabbi Wolf is a pioneer and a visionary extraordinaire. His innovative approach taps into the power of Kabbalah and applies its message to the daily challenges of life.

He is the author of the best-selling book, Practical Kabbalah (Random House), and has lectured in over 350 cities across the globe conducting retreats, seminars, master classes and training programs.

- Develop a life-changing ‘screen saver’ of the mind - positive response to challenge
- Train the heart to flow compassionately and practice wisdom of the heart
- Experience meditation to heal the body and soul
- Where east meets west - Kabbalah and the eastern spiritual pathways like Yoga

Wednesday, November 25
7:30pm - 9:00pm
Lubavitch Centre,
2095 Sinclair Street

FEE

\$15 advance registration
\$18 at door



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