



Oholei Torah School

JEWISH LEARNING CENTRE

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The 2021-2022 School Year (Restoring safe schools reopening plan) **Oholei Torah Day School**

Oholei Torah School will reopen for students, teachers and staff on September 9th, 2021. While Manitoba is targeting a return to in-class learning for all in the fall, school divisions and independent schools are asked to prepare three response levels:

Caution Level (Yellow): In-class Learning (September 2021)

Restricted Level (Orange): Blended Learning (in class and remote)

Critical Level (Red): Remote Learning (with exceptions)

Oholei Torah School will be opening in Response level "Caution (Yellow), per the details of :

https://www.gov.mb.ca/asset_library/en/covid/k-12-reopeningplan.pdf

Planning Considerations

Public health orders and guidance

We check public health notices on a daily basis and ensure all staff are provided with the proper training. We have periodic meetings with all management levels and staff within the facility, which includes other organizations as well, to ensure everyone is on the same page with regards to public health orders and updates. Protocols and measures will be communicated to staff during in school staff meetings or Zoom meetings and to students via class chat or in the classroom on a daily/weekly basis.

School day structure/learning plans

Caution Level (Yellow) -In class learning :

Planned for September 2021.

- All students are in full-time class learning to the greatest extent possible.
- Physical distancing to the greatest extent possible is highly encouraged. 3-5 students per class. Our school will continue the practice of staggered entrance and exit times (one family at a time).
- Daily screening for symptoms. Students, teachers and school staff must self-screen for symptoms of COVID-19 before leaving home.
- Limit gatherings in common areas, such as lobbies and washrooms. .
- Staggered recesses and lunch breaks for the two existing cohorts (daycare/school)
- Option for remote learning remains for students who cannot attend in-class learning. We will be able to include students who are unable to attend the school physically by joining our lessons through Zoom or/and send home packages with grade level/age appropriate learning materials.
- Staff and students will continue to follow the fundamentals (self-screening, hand hygiene and staying home when sick).
- Masks (**recommended** for all students, staff and visitors). At this time, we ask staff, parents, students and visitors to wear masks when they are in shared/common areas such as the lobby/washroom. Staff is highly encouraged to wear a mask in all areas of the school. Public health officials will continue to monitor closely and will adjust guidance as needed.
- Cleaning and disinfecting will focus on high-touch surfaces and common areas. Washrooms are the exception as they require more intensive cleaning.
- Sharing toys, manipulatives and shared play stations is permitted, provided good hand hygiene is practiced before and after use.
- Covid-19 information signs will be presented at the entrance and on each class door.
- Monthly staff meetings will be held to provide orientation regarding public health protocols, recovery learning, collaborative planning, mental health and well-being, and remote learning strategies. Oholei Torah School will follow public health guidance and travel restrictions when developing our professional learning plans.
- Weekly/daily communication with parents and students regarding hand hygiene, symptom monitoring and other public health measures.
- Incorporation of health lessons that will focus on mental health challenges and support.

Restricted Level (Orange)- Blended learning

In class and remote learning.

- All students are in class learning to the greatest extent possible.
- Two metres of physical distancing will be required, to the greatest extent possible. Desks spaced two metres apart. A spare room can be utilized as additional classroom space if smaller groups are needed.
- Students and families need to be prepared for a blended learning model that allows transition of teaching and learning from in class to remote learning on a short notice. Should this arise, our school will be in contact with parents to communicate next steps.
- Option for remote learning remains for students who cannot attend in-class. We will be able to include students who are unable to attend the school physically by joining our lessons through Zoom or/and send home packages with grade level/age appropriate learning materials.
- When switching to remote learning, our school will ensure access to learning resources for all, including technology and addressing connectivity issues.

If in class learning:

- Students, teachers and school staff must self-screen for symptoms of COVID-19 before leaving home.
- There will be no interaction between our classes. Students will stay in their classrooms and go outside only for recess or when using the washroom. Teachers will make sure only one student is using the washroom at a time.
- Limit gatherings in common areas, such as lobbies and washrooms.
- Staggered recesses and lunch breaks for the two existing cohorts (daycare/kindergarten and school).
- Hand sanitizers in each classroom, frequent hand washing.
- Mask use and any additional personal protective equipment usage will follow current public health recommendations and orders.
- All field trips must be postponed or cancelled.
- Increased cleaning schedule and sanitation (in the morning, after recesses and at the end of the day).
- Covid-19 information signs will be presented at the entrance and on each class door.
- Monthly staff meetings will be held to provide orientation regarding public health protocols, recovery learning, collaborative planning, mental health and well-being, and remote learning strategies. Oholei Torah School will follow public health guidance and travel restrictions when developing our professional learning plans.
- Kindergarten to Grade 8 students may be offered a remote learning option for the duration of the Restricted level (Orange).

- Weekly/daily communication with parents and students regarding hand hygiene, symptom monitoring and other public health measures.
- Incorporation of health lessons that will focus on mental health challenges and support.

Critical Level (Red)

Remote learning with exceptions

During a Critical (Red) PRS level, schools will open for Kindergarten to Grade 6 students of critical services workers who cannot make alternative care arrangements, students with special needs and students at risk.

- Daily lessons with students through Zoom (All families and staff are in possession of computers).
- Multiple groups are allowed to operate in a school setting at the same time, provided these groups can be segregated to prevent contact with each other. The use of separate entrances/exits and staggered drop-off/pick-up schedules should be employed to minimize congestion and mixing of groups.
- Our school will accommodate K–6 children of critical services workers who cannot make alternative care arrangements so that these students may attend school. While at school, these students will participate in and receive support for the same teacher-led remote learning that their classmates who are learning from home are receiving.
- Manitoba Education considers the following to be critical services workers:
 - Health/Health Services Workers
 - Kindergarten to Grade 12 Education Providers (all teachers, administrators, and support staff)
 - Child Care Workers
 - Law Enforcement
 - Corrections Workers
 - Fire and Paramedic First Responders
 - Direct Social Services and Child Protection Workers

Additional critical services workers may include people who provide critical services to Manitobans, such as front-line natural resource workers, essential supply chain staff (e.g., truck drivers delivering food, medications and other essential goods; food industry staff working in food processing plants, etc.) gas station attendants, and grocery store staff.

- Daily communication with staff, parents and students through Google Classroom, email applications and hangouts (class chat).

- School laptops will be sent home in case families need additional devices and access to the internet.
- Staff will develop an assessment plan (online assessment - quizzes, projects, or worksheets). In school, small groups or one on one assessments- by appointment only.
- Incorporation of health lessons that will focus on mental health challenges and support.
- Incorporation of “fun” activities such as art projects, interactive games, or science experiments to make the learning experience more enjoyable and less stressful for both groups (in class and remote).

Speciality program

The technology tools, which were implemented during the pandemic closure, have resulted in adequate learning outcomes. In the new school year, Karina Zlatin, as our new principal, will be looking at continuing the incorporation of technology in all aspects of learning.

Outdoor instruction for gym classes will be strongly recommended. Gyms would only be used for small groups where physical distancing can be respected. Use of shared equipment will be limited and regularly disinfected.

During music classes, a minimum distance of two meters between students will be required.

Bigger spaces such as the Shul/JL room can be used for such activities.

Use of shared instruments will be limited. If there is a need to share instruments/accessories, they need to be thoroughly cleaned, after each use and between users.

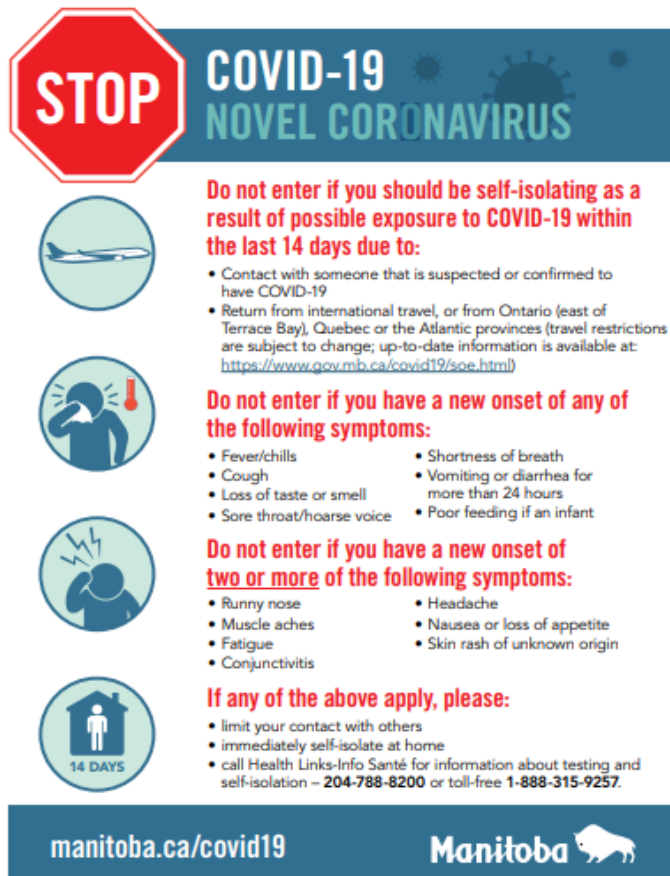
Blended learning

Students who are unable to attend the school physically, will be able to join our lessons through Zoom or/and receive packages with grade level/age appropriate learning materials.

School laptops will be sent home in case families need additional devices and access to the internet.

Students who are not at school will be contacted daily through Zoom/ Google Classroom/class chat or email applications.

Screening



The infographic features a red octagonal 'STOP' sign on the left. To its right, a dark blue banner contains the text 'COVID-19 NOVEL CORONAVIRUS' in white and light blue, with small virus icons. Below the banner are four circular icons: an airplane, a person coughing, a person with a fever, and a person with a house icon and '14 DAYS' text. To the right of these icons are four sections of text, each starting with a red heading and followed by a bulleted list of symptoms or actions. The bottom of the infographic is a dark blue bar with the website 'manitoba.ca/covid19' and the Manitoba logo.

STOP COVID-19 NOVEL CORONAVIRUS

Do not enter if you should be self-isolating as a result of possible exposure to COVID-19 within the last 14 days due to:

- Contact with someone that is suspected or confirmed to have COVID-19
- Return from international travel, or from Ontario (east of Terrace Bay), Quebec or the Atlantic provinces (travel restrictions are subject to change; up-to-date information is available at: <https://www.gov.mb.ca/covid19/sqe.html>)

Do not enter if you have a new onset of any of the following symptoms:

- Fever/chills
- Cough
- Loss of taste or smell
- Sore throat/hoarse voice
- Shortness of breath
- Vomiting or diarrhea for more than 24 hours
- Poor feeding if an infant

Do not enter if you have a new onset of two or more of the following symptoms:

- Runny nose
- Muscle aches
- Fatigue
- Conjunctivitis
- Headache
- Nausea or loss of appetite
- Skin rash of unknown origin

If any of the above apply, please:

- limit your contact with others
- immediately self-isolate at home
- call Health Links-Info Santé for information about testing and self-isolation – 204-788-8200 or toll-free 1-888-315-9257.

manitoba.ca/covid19 **Manitoba**

Students, teachers and school staff must self-screen for symptoms of COVID-19 before leaving home.

Students and staff must stay home if they are ill. If an individual becomes ill during the school day, they will be isolated in one of the school offices and given a mask. Students will not be left alone and will have a staff member present (wearing a mask) until a parent arrives to take their child home.

When experiencing symptoms similar to Covid-19 (cold, cough, runny nose, fever or sore throat): If at home, the staff member will remain at home and work from home (if possible). If at work, the staff member will be required to leave work immediately, notify the school principal and contact Health Links.

Parents, volunteers and visitors may access the building by appointment only. Prior to entering the building, an individual must complete a screening check and fill in a registration form.

Contact tracing and outbreak management

Our school will ensure policies and procedures are in place regarding reporting elevated staff and student absenteeism due to influenza-like illness to public health. This reporting is helpful in early identification of clusters and outbreaks.

If a staff member or student in a school is confirmed by public health as positive for COVID-19, public health will work with school administration to determine what actions should be taken, including if any staff or students who have been in contact with that person need to self-isolate, and if other staff and students' families should be notified.

Drop off and pick up times:

Please allow yourselves extra time for drop off and pick up. We ask that parents do not enter the building beyond the vestibule (between the glass doors).

Drop off:

If you are arriving between 7:45am and 9:00 am, pull up along the curb next to the building. Please stay in your car until your car reaches the front of line. Once your car is at the front of line, bring your child into the vestibule of the building. You will be asked to sign in your child/ren and answer questions (screening questionnaire) upon arrival.

If all the answers are no, you will sign your child in on the sign in sheet and they will be allowed to enter the building. Please send your child/ren to wash their hands for 20 seconds (one at a time) and make sure they wear a non-medical mask after they enter the building (applies only for gr. 4-8). If a staff member is present, your child/ren will be escorted to their classrooms. If not, remind your child/ren to go straight to their classrooms and distant themselves if they are to meet other people on their way upstairs.

If you answer yes to any of the screening questions, you will be asked to exit the building with your child and to call Health Links for further direction.

Pick up:

When you arrive for pick up please pull up along the curb next to the building. Please wait until your car is in the front of the line. You may stay in the car and wait until one of the

staff members will bring your child/ren to you. See attached (dismissal times). Please make sure to pick up your children from 3:45-4:00pm as the staff will be leaving the building at exactly 4:00pm.

Water fountains and sharing items: At this point, we won't be using the water fountains. Students are asked to come to school with a filled bottle of water (or two). In addition, we won't be sharing personal items such as drinks, food and school supplies. Make sure your children bring the personal items mentioned above every morning.

Recovery learning

Recovery learning will be a responsive process that includes adaptations and differentiation to be applied over the coming months/year(s). It is intended to identify learning needs in a coordinated, collaborative, and intentional way so that accelerated learning can occur. Small groups and one on one assessments will help with determining which students need recovery.

Supporting the emotional need of students in response to Covid-19


The coronavirus disease 2019 (COVID-19) pandemic may be stressful for people. Fear and anxiety about a new disease and what could happen can be overwhelming and cause strong emotions in adults and children. Public health actions, such as social distancing, can make people feel isolated and lonely and can increase stress and anxiety. However, these actions are necessary to reduce the spread of COVID-19. Children and teens react, in part, on what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to others around them, especially children, if they are better prepared. Coping with stress in a healthy way will make you, the people you care about, and your community stronger.

Tips to help children and teens cope with COVID-19:

- Keep to a routine. Routines and a stable family environment help preserve the feeling of security, both for your children and yourself.
- Listen. Let your children express their feelings in their own words or in play. Listen to their worries and their need to be reassured. Answer with kindness and shower them with even more love and attention.


- Be honest and use age-appropriate, simple words when explaining the situation. Answer their questions honestly and always admit it when you don't know the answers.
- Allow your children to maintain virtual links to their friends and other family members.
- Take good care of yourself. Your children experience events through your eyes. Focus on your feelings, emotions and reactions. If you feel the need, take a few minutes to calm down in a separate room.


Coping with stress during COVID-19



Stay connected and maintain your social networks. While isolated, try as much as possible to keep your daily routine or create new routines.


While staying at home, maintain a healthy lifestyle with a proper diet, sleep, and exercise. Maintain social contact with family and friends from home by email, phone, and video chats.






If you feel overwhelmed, talk to a health worker or counsellor, and seek help for physical and mental health needs.


Get the facts from sources you can trust such as Public Health Agency of Canada and Public Health Sudbury & Districts.






Lessen the time you and your family spend watching or listening to media coverage that might be upsetting.

Draw on skills you have used in the past to help you manage your emotions during this challenging time.



phsd.ca
 @PublicHealthSD

 **Public Health**
 Santé publique
 SUDBURY & DISTRICTS

This is an adaptation of an original work, "Coping with stress during the 2019-mCoV outbreak. Geneva: World Health Organization (WHO); [2020]. Licence: CC BY-NC-SA 3.0 IGO". This adaptation was not created by WHO. WHO is not responsible for the content or accuracy of this adaptation. The original edition shall be the binding and authentic edition.

Resources for children on COVID-19 and staying healthy:

BrainPOP: Coronavirus (4-minute video, activities, and games) <https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

National Public Radio: Just for Kids: A Comic Exploring the New Coronavirus <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>

PBS Kids: How to Talk to Your Kids About Coronavirus (includes a list of videos, games, and activities about handwashing and staying healthy at the bottom of the article)<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

Our school plans to respond to mental health and well being of staff, students and parents by providing timely support for those with additional needs, involving staff, students and families in decision-making processes , incorporating lesson plans that focus on mental challenges and coping strategies and holding individual meetings with staff members and students.

Attendance and participation:

Students are expected to attend in-class learning. If remote learning is included as part of their learning plan, students will be expected to participate. Parents who prefer to have their child home schooled will need to follow provincial guidelines for establishing a home-schooling program.

Students who are unable to return to school due to personal or family health risks factors related to COVID-19 will be supported in remote learning.

Early learning and child care

Child care centres located in schools or on school property are able to stay open or re-open to provide temporary child care services in accordance with all existing public health and program guidelines. Child care administration and staff will follow and implement all public health announcements and guidelines to ensure that our students are learning in a safe, supportive environment. Our school will work cooperatively with child care administration and staff to ensure that the centre can continue to operate.