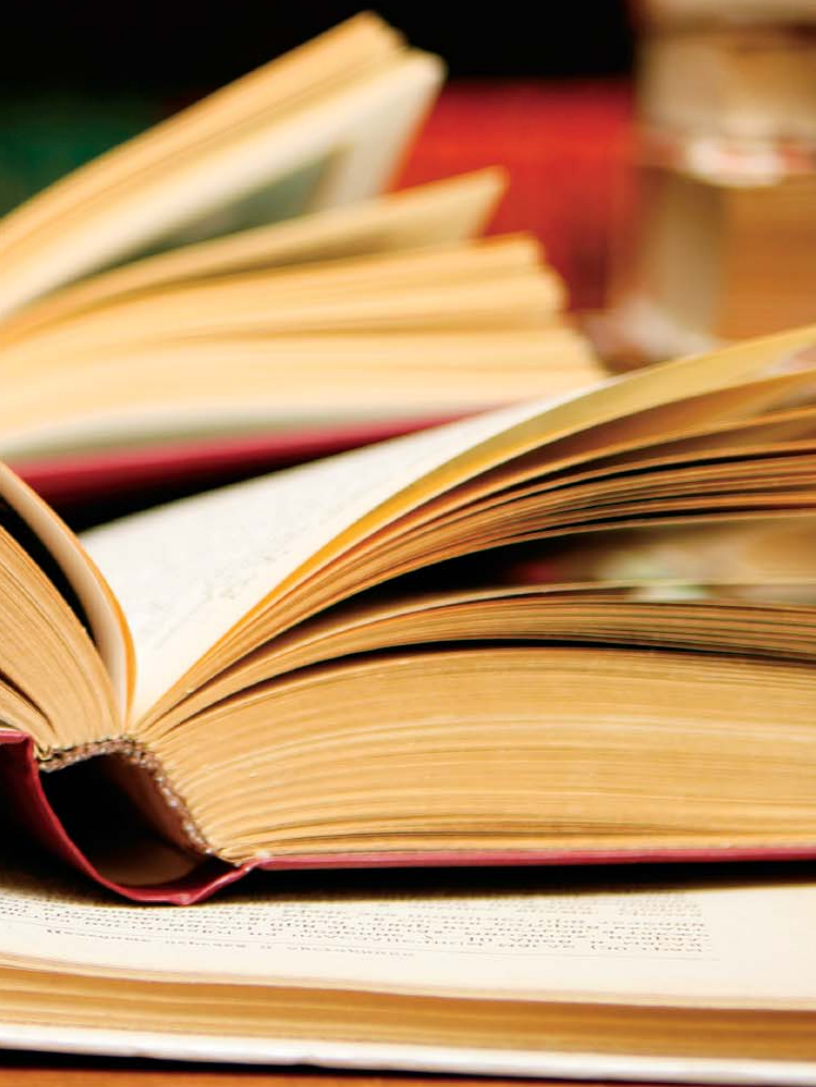


# Personal Jewish Learning



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# Explore Jewish History

Flashbacks in Jewish History



Become knowledgeable in any or all of the following historic periods:

- *Jewish Exile and Dispersal in the Middle East*
- *The Golden Age in Moslem Spain*
- *Antisemitism in Medieval Christian Europe*
- *The Downfall of Spanish Jewry*
- *The Renewal of European Jewry*

# Debate Talmudic Ethics

Glimpse Into the Unparalleled Work that has Influenced and Shaped Jewish life for 2000 Years



The Talmud is a repository of thousands of years of Jewish wisdom, law, legend and philosophy, a blend of unique logic, shrewd pragmatism, history, science, anecdotes and humor.

### *Suggested topics:*

- *Human rights, divine obligations and ethical choice.*
- *Balancing truth and peace in a world of good and evil.*
- *Deception, fraud and white-collar crime—the real violence?*
- *Where do we draw the line on competition?*
- *Do I save another ... or protect myself?*
- *Fundamentals in Jewish medical ethics and the abortion debate.*

# Understand The Jewish Calendar

Through the Mystical Lens of Kabbalah



Did you know that the Jewish month follows the moon while the year can have 354 or 384 days? Why is our time divided into cycles of seven days? The Holidays are times when we receive heavenly gifts that transform our experience; are you aware of them?

## *Explore:*

- *The unique synthesis of the lunar and solar cycles.*
- *The recurring “natural” pattern of “7”.*
- *The evolution of Jewish holidays and their customs: from Bible days to 2008.*

# Kosher: The Do's And Don'ts

Delve into the world of the Kosher Dietary Laws



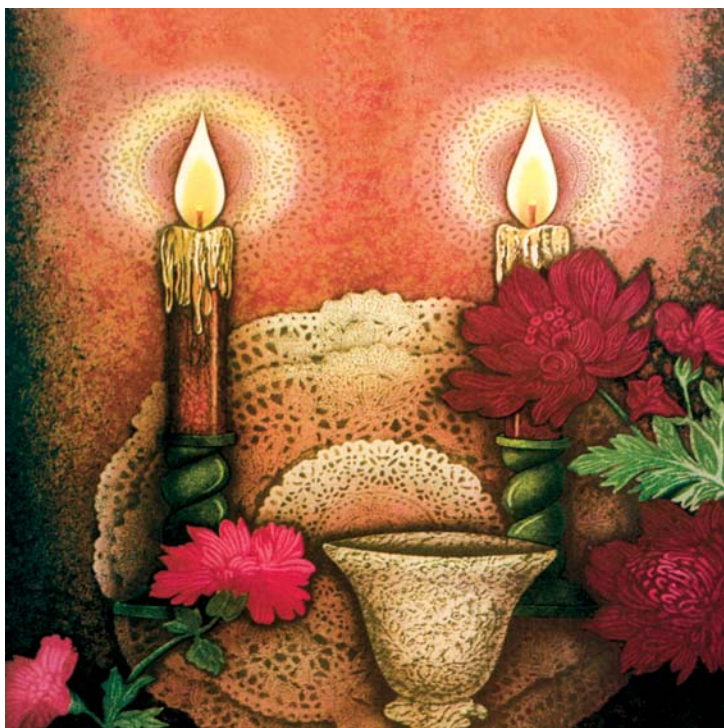
- *Kosher: Why & How?*
- *Why are some wines not kosher?*
- *How many Rabbis need to bless a bagel before they can call it kosher?*

Practical guidance on creating and maintaining a kosher home.



# Discover Shabbat

Discover the Spirit of This Perfectly Divine Day



- *If you can't work on Shabbat, how can a Rabbi make a living?*
- *Isn't it easier to drive than to walk?*

Trace the evolution of Shabbat from its mystical origins to its practical application in your life.

## The Life Cycle Events

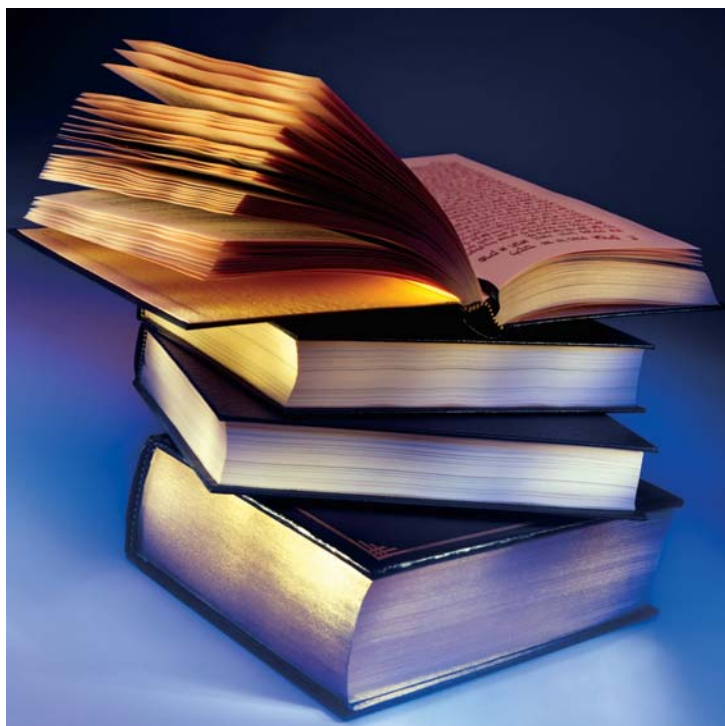


Your tradition has much to say and so many customs to help you experience your life on the deepest levels. Learn about them, so you can take advantage of all your life will have to offer.

- *Birth*
- *Brit*
- *Bar / Bat Mitzvah*
- *Marriage*
- *Mourning*
- *Etc.*



# What Are The Great Books?



■ *Tanach* ■ *Mishna* ■ *Talmud* ■ *Midrash*

Who wrote them?

What are they about?

How are they read?

Why are they so important to your Judaism?

# Meet Famous Jewish Personalities



■ *Moses*   ■ *Maimonides*   ■ *Miriam*   ■ *Rashi*

Who were these great Jews?

When did they live?

What were their lives like?

Why are they so important to your Judaism?

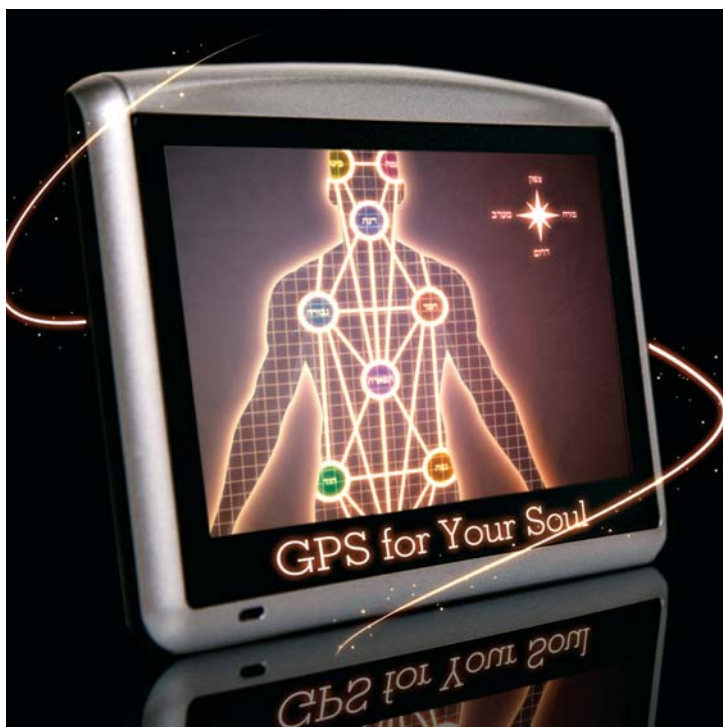
# Master Synagogue Skills



You walk in, can't figure out which book you need. You don't know which page to open to, when to stand up/sit down/and bow. Let's not forget getting called to the Torah. We'll give you your confidence back so that you can feel comfortable walking into Synagogue and feel like you belong again.

# Navigate Your Soul's Map

Kabbalah to Navigate Your Inner World



As the “captain of your soul,” how can you ensure safe arrival at your port of call? This course investigates Tanya, a fundamental text of Chassidic thought. Its theme is how the average person may find self-actualization through self-knowledge.

Learn to understand and navigate your inner conflicts so you can live more purposefully.

## Read Hebrew Crash Course



### Learn to Read Hebrew in Five Easy Lessons

Impress your friends: Pray in Hebrew; learn Torah in its original language; read street signs in Israel... Even if you don't know an Aleph from a Bet, Hebrew Reading Crash Course will teach you how to read Hebrew.

# Biblical Reflections

Finding Yourself in the Stories of Genesis



The stories of Genesis are famous because they are more than just stories. They help us hold a mirror to our spirit and see ourselves in a whole new way. Ambition, jealousy, courage, and conviction are among the themes that we will explore, as we examine the lives of Adam, Eve, Cain, Noah, and Abraham.



# Understand The Principles of Faith



- *Are we rewarded and punished for our behavior?.*
- *How does G-d communicate with us?*
- *How can we know what G-d wants?*
- *Who wrote the Torah?*
- *How did the universe get here?*
- *Is there an afterlife?*

Maimonides, the pre-eminent Jewish thinker, systematically identified thirteen key beliefs that touch on all of the questions above, and that serve as the foundation of Judaism to this day. Taken together, these principles are a set of building blocks that allow us to construct a deep and nuanced understanding of what it means to live as a Jew.